

ISSUED JANUARY 2020

Connect at the 19th Annual



GENERATIONS

*Designed to give
professionals the latest
Behavioral Health &
Addiction Treatment Tools*

MARCH 23 & 24, 2020

Salt Palace Convention Center • 100 So. West Temple • SLC, UT

With three optional workshops – **March 25**
@ the Radisson Hotel

Innovative Formats

- ▶ INTERNATIONAL & NATIONAL EXPERTS
- ▶ UP TO 21.75 CE/CME HOURS -
INC. ETHICS & SUICIDE PREVENTION
- ▶ LARGE TOPIC SPAN W/CHOICE OF
DEPTH & CONTENT TARGETS
- ▶ NEW, EXPERIENTIAL ESCAPES
- ▶ IN-DEPTH WORKSHOP OPTIONS

Founded by the University of Utah Neuropsychiatric Institute
Supported by the Utah Division of Substance Abuse & Mental Health
CE/CME Sponsor: ESI Management Group

EXPAND

PROFESSIONAL DEVELOPMENT OPPORTUNITIES BEYOND ON-LINE TRAINING

ENJOY REGIONAL CONVENIENCE - NOT LONG DISTANCE TRAVEL OR HIGH REGISTRATION FEES - GENERATIONS 2020 OFFERS YOU

- LIVE Connections
- Significant continuing ed credits – including ethics & suicide prevention credits
- International, national & local experts together with you in one comfortable structure
- Large span of topics & learning formats w/skill-building opportunities & new practice tools
- 'Lightening Rounds' – Round Tables – Tiered Sessions & Innovative Format Structures
- Assessment & Intervention-focused curricula – from general to in-depth workshops
 - Quality professional development & clinical challenges
 - Connections with colleagues – old and new as well as referral sources & resources
 - Ahead-of-the-curve knowledge of trends
 - Methods to protect yourself in the judicial arena and deal with insurers, review boards & others
 - New - - - Experiential Escapes

Wherever you practice on the professional bridge, this program is designed to help you understand, assess and treat your clients for improved outcomes. This event is for professionals in:

- | | |
|------------------------|---|
| - Addiction Treatment | - Hospice |
| - Case Management | - Law Enforcement |
| - Clergy | - Long-Term Care |
| - Corrections / Courts | - Marriage / Family Therapy |
| - Counseling | - Medicine |
| - Education | - Military Specialties |
| - Emergency Response | - Nursing |
| - Employee Assistance | - Paramedicine |
| - Family Practice | - Primary Care |
| - Forensics | - Psychiatry |
| - Geriatrics | - Psychology |
| - Gerontology | - Social Work |
| - Higher Education | - Other Health, Behavioral Health & Addiction Professions |
| - Home Health | |

This program has been created to help you:

- Expand your knowledge and develop strategies to more effectively promote the healthy growth and development of individuals in all adult developmental stages and various cultural / ethnic backgrounds who are dealing with critical behavioral health and/or substance use issues;
- Employ effective working tools to properly intervene in these issues;
- Identify needs and access current resources; and,
- Use tools to develop and implement prevention and intervention programs.

BUILD YOUR CONTINUING EDUCATION CREDITS / REQUIREMENTS

Generations 2020 provides significant continuing education hours for an inexpensive price. You will leave this two-day conference with 13.75 continuing education hours/credits with an additional 8 hours possible via post-conference workshops – totaling 21.75 hours in most fields.*

* **Professional Credit:** While not required by most disciplines, this program has been submitted to and/or already approved, for your convenience, by the:

- National Association of Alcohol and Drug Abuse Counselors (NAADAC)
- National Association of Social Workers (NASW), Utah Chapter
- Nevada Nurses Association
- Police Officer Standards & Training (POST) (training hours are available)
- Utah Association for Marriage & Family Therapy (UAMFT)
- Utah Psychological Association

Approval by any of the listed organizations does not imply their endorsement of any program, commercial interests or research. The same holds true for conference partners, planners, organizers, and other parties involved with this event.

* It is recommended that each attendee keep conference materials and/or the event certificate as proof of attendance at a program demonstrating pertinence to his/her field. You may register to receive a CERTIFICATE for verification of attendance for employers, accrediting and/or licensing organizations, and others. (See "Registration Form").

* **CME Accreditation:** ESI Management Group is accredited by the Utah Medical Association to provide continuing medical education for physicians.

* **AMA Credit:** ESI Management Group designates this live educational activity for a maximum of 21.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CME programs like this may be used for re-licensure credit in other fields / states not listed above. It is each person's responsibility to record and report their attendance to the State Board(s) and/or other licensing organization(s) as needed and to check with their Boards to determine reciprocity and licensure credit in their state.

ACCOMMODATIONS

EVENT PARKING*

For ease and in support of clean air, carpooling and the use of TRAX are encouraged. The Temple Square TRAX stop is less than one block north of "Generations" at the Salt Palace Convention Center – on the intersect of West Temple & South Temple.

If you prefer to drive, you may easily park in the underground Salt Palace lot for \$12/day. Enter the lot off 200 South just east of 200 West then take the elevator to the lobby level and follow signs to "Generations 2020" by the ballrooms.

Alternate parking options nearby include the public lots at 144 West Pierpont Avenue and 115 N. West Temple – each for \$5/day. The public lot north of the Peery Hotel (110 West Broadway) is open for \$6/10 hours. City Creek and Gateway Mall parking lots are other options with variable rates.

LODGING JUNCTURES

For your comfort and convenience, two event hotels, within walking distance of the conference and in Salt Lake's main hub, are offering the special, discount rate of \$119 per night for guests of **Generations**. You may contact the hotel of your choice directly and let them know you are with **Generations 2020** to take advantage of this low rate and the reservation options you prefer -

Radisson Downtown
215 W. South Temple
801-531-7500
Free Guest Parking
<https://www.radissonhotels.com/en-us/hotels/radisson-salt-lake-city-downtown/deals/generations-2020>

Holiday Inn Express Salt Lake City
206 South West Temple
801-521-9500 / 855-914-1710
Guest Parking \$13/day
Reference group code "ESI"
<http://bit.ly/SLCCC-ESIMarch>

AIRPORT TRANSPORTATION*

In addition to cabs, Uber & Lyft, transportation to and from the airport to your hotel is available for \$13 per person each way via Express Shuttle (801-596-1600). Advance reservations are welcome. You may also use TRAX public transportation for around \$2.50 per person each way.

FABRICATE SOME FUN WITH CITY EVENTS & ACTIVITIES

This event is in the heart of Salt Lake City – surrounded by restaurants and nightlife as well as City Creek Centre and Gateway for shopping. Hogle Zoo, Family History Center, Historic Temple Square, and numerous hiking and biking trails are also nearby. You can easily walk to the landmark Capitol and Eccles Theaters to take in a show after hours or stay before or after **Generations 2020** to take in some skiing or snowboarding at world-renowned ski resorts within 30-minute drives.

For more information on Salt Lake City events or recreation during or around the conference dates, call the Salt Lake Convention and Visitors Bureau at 801-534-4901 or 800-541-4955.

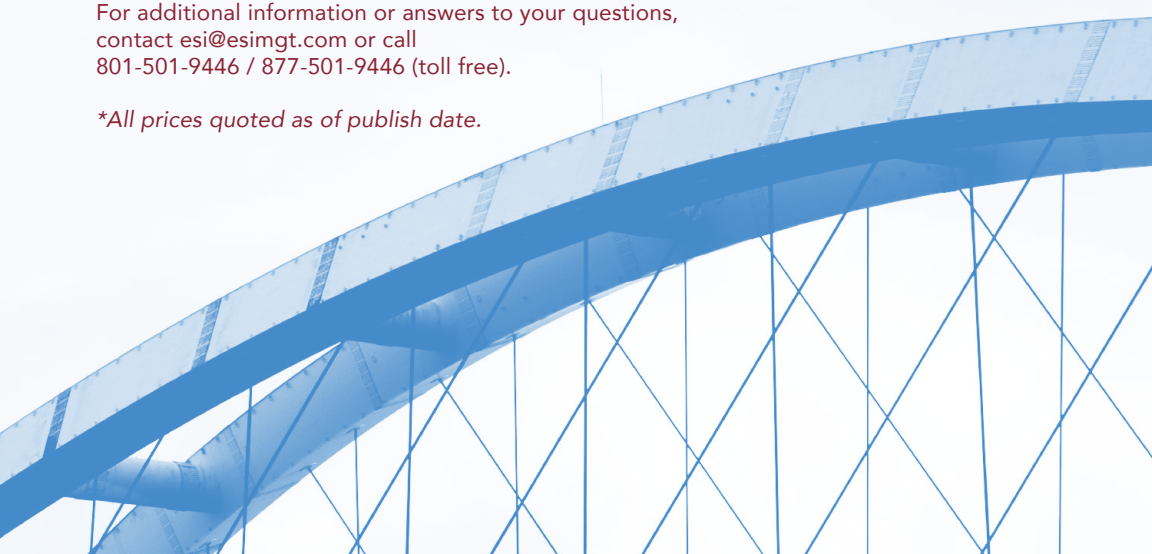
ADA

The founders and coordinators of this conference comply with the legal requirements of the Americans with Disabilities Act (ADA). If you require special accommodations based on the ADA, please contact ESI Management Group (esi@esimgt.com / 801-501-9446) with your requests no later than February 24, 2020. Every reasonable effort will be made to provide reasonable and equitable accommodations in an effective and timely manner.

QUESTIONS?

For additional information or answers to your questions, contact esi@esimgt.com or call 801-501-9446 / 877-501-9446 (toll free).

**All prices quoted as of publish date.*



EVENT HIGHLIGHTS TO STRUT!

With attendee feedback at the base, and the program committee's drive to improve and accelerate the overall event, you will enjoy many special features wrapped into the program -

INTERNATIONALLY & NATIONALLY KNOWN EXPERTS:



ALBERTO VILLOLDO, PhD

Cuban born, Dr. Alberto Villoldo, psychologist and medical anthropologist, was, by his mid-twenties, the youngest clinical professor at San Francisco State University where he also directed the Biological Self-Regulation Laboratory, investigating mind-body medicine and the neurophysiology of healing. One day, Alberto realized his research had to get bigger and that he was looking out the wrong end of the microscope. He needed to find a system larger than the neural networks of the brain. Many others were already studying the hardware – Alberto wanted to learn to program the mind to create psychosomatic health.

Anthropological stories hinted that there were people who knew such things, including the few remaining “shamans”. So, Alberto traded his lab for hiking boots – determined to learn from researchers whose vision had not been confined to the lens of a microscope, from people whose body of knowledge encompassed more than the measurable, material world he had been taught. He traveled through countless Andes and Amazon villages and hamlets and met scores of medicine men and women who shared ancient ways of healing.

For more than 10 years, Alberto trained with the jungle medicine people. In healing his own soul wounds, Alberto walked the path of the wounded healer and learned to **transform old pain, grief, anger and shame to sources of strength and compassion**. From the Amazon, Alberto trekked Peru, to the Shimbe lagoons, home to the country's most renowned shamans. Then, in Lake Titicaca, Alberto collected stories and healing practices of the people from which, the legends say, the Inka were born. Through it all, Alberto discovered a set of technologies that transform the body, heal the soul, and can change the way we live and way we die.

Alberto is founder of the world-renowned Four Winds Society and of the Light Body School. He shares the experience of infinity and its ability to heal and transform us, to free us from the temporal chains that keep us fettered to illness, old age and disease. Dr. Villoldo teaches thousands of nurses, physicians, psychotherapists and lay persons every year. He is an internationally recognized leader in the field of alternative medicine and shamanic studies.

Dr. Alberto Villoldo is the author/co-author of numerous bestselling books including:

• One Spirit Medicine: Ancient Ways to Ultimate Wellness • Power up Your Brain: The Neuroscience of Enlightenment • Mending The Past & Healing the Future With Soul Retrieval • Courageous Dreaming: How Shamans Dream the World into Being • Dance of the Four Winds: Secrets of the Inca Medicine Wheel • Yoga, Power, and Spirit: Patanjali the Shaman • The Realms of Healing • Healing States: A Journey into the World of Spiritual Healing and Shamanism

JONATHAN P. DeCARLO, CAC III

CEO of C4 Consulting, Jonathan has extensive experience working with individuals, couples, and families during early recovery from addiction and mental health issues and seeks to help people find therapeutic solutions utilizing a wide array of modalities and approaches. He is currently the Clinical Director of Recovery 360°, providing psychosocial rehabilitation, individual, group, marriage, and family therapy, and organizational development and consultation services.



Jonathan has developed care programs for in and out-patient practices and has provided therapeutic services for professionals including administration and aviation, education, legal and law enforcement, medicine and mental health. Jonathan has a background in psychology, philosophy, and theology which allow him to utilize resources and perspectives within and beyond traditional therapeutic approaches to help develop solutions that meet individual or organizational needs in progressive and practical ways. His specific training includes Attachment Theory, Gender Informed and Gender Responsive Trauma Care, CBT, DBT, Harm Reduction, Motivational Interviewing and Motivational Enhancement models, Rational Emotive Therapy, and Somatic Experience Therapy.

Jonathan has also trained with David D. Burns, MD in modalities such as Cognitive Therapy, Therapeutic Resistance, T.E.A.M. and Terence Gorski in the CENAPS model of relapse prevention and recovery enhancement. He also has background in anger management, self-esteem, and self concept revision, and eating disorder recovery. Jonathan will share his array of experiences, insights, and understandings that translates into client centered care informed by practical, evidenced based solutions at **Generations 2020**.

STRONG, STURDY & QUALITY PROFESSIONAL DEVELOPMENT

On top of the resources and referral sources with whom you can connect, you will enjoy the stellar program quality which has remained unshaken in the 19-year history of this event. You'll gain state-of-the-science knowledge and concrete tools & clinical skills to improve your clinical practices and client outcomes.

ALL THE COMFORTS – Your registration will include this fantastic educational opportunity in a roomy, comfortable and open environment. You can select from a wide gauge of topics and not be held to specific 'tracks'. Continental breakfasts, one lunch and multiple breaks will keep you satisfied.

SIGNIFICANT & SPECIALIZED CE/CME HOURS – Anchor down on your continuing ed requirements. You will secure 13.75 hours for the main two day program with post-conference workshop options to bring you up to 21.75 hours along with special certificates. Meet special credit requirements in suicide prevention and ethics training via breakout options.

FORMAT LATTICES – No more packed days of didactic lectures. Change things up and enjoy learning pods with a variety of formats including Lightning Rounds of Experts; Round Table presentations; Debates; Skill-Building Workshops; Tiered Sessions on targeted topics; and Focused Tracks on practice areas such as work with older adults.

EXPERIENTIAL ESCAPES – Break out of the traditional program and jump into an area framed for synopses of alternative, complimentary and traditional interventions. Experience them first-hand or observe actual applications of the modalities. This may include samplings of traditional native practices, yoga, reiki, music and art therapy, foot zoning, acupuncture, Pilates, and more!

NETWORKING BLOCKS – Not only will you be in the presence of a high caliber faculty in one convenient location, you will also have time to connect with other professionals, old and new colleagues, expert faculty who can be available to you long after the conference, exhibiting organizations and individuals who can serve as referral sources for you.

FEATURED MINI-PLenary CHAIN – Chose your favorite 'out of the box' options for escape and practicality. Have 'The Audacity To Be You', 'Create Happiness at Work' Explore Old Practices that are becoming New Again, and ask 'Why So Serious? How Stress Makes You a Terrible Person & Why You Should Laugh About It'

ADDITIONAL SPEAKERS:



**Jean M. Campbell, LCSW,
SEP, CPC, CET3, TEP**
Founder & CEO – Action
Institute of California
Costa Mesa, California



Brian Stettin, JD
Policy Director - Treatment
Advocacy Center
Arlington, Virginia



**Margaret "Peggy" Battin,
PhD, MFA**
Distinguished Professor of
Philosophy & Adjunct
Professor of Internal Med-
icine – University of Utah
Program in Medical Ethics &
Humanities



Edward L. Kaftarian, MD
CEO – Orbit Health
Telepsychiatry
Encino, California



Pam Robinson
Executive Director & Owner –
Institute of Healing Arts
Lindon, Utah



Matthew Wappett, PhD
Executive Director – Center
for Persons with Disabilities
& Research Associate
Professor – Utah State Uni-
versity College of Education
& Human Services,
Logan, Utah



**Katherine Supiano,
PhD, LCSW, FT FGSA,
APHSW-C**
Director, Caring Connections
& Associate Professor -
University of Utah College of
Nursing
Salt Lake City, Utah



Brad Reedy, PhD
Co-founder & Clinical
Director - Evoke Therapy
Programs
Salt Lake City, Utah



Elizabeth Joy, MD, PhD
Senior Medical Director -
IHC Wellness & Nutrition

CONFERENCE WHEEL

MONDAY, MARCH 23, 2020

➤ 7:00 - 8:00 REGISTRATION, EXHIBITS & CONTINENTAL BREAKFAST

➤ 8:00 – 9:20
KICK-OFF & WELCOME

Utah National Guard – Presentation of the Colors

Jason Hunziker, MD – CME Course Director, University of Utah Neuropsychiatric Institute

KEYNOTE ADDRESS: ARE OUR BRAINS WIRED FOR THE SACRED?

Alberto Villoldo, PhD – Best Selling Author; Founder & Director, The Four Winds

➤ 9:20 – 9:30 EXHIBITS & BREAK

➤ 9:30 – 11:00 CONCURRENT SESSIONS

A FRESH LOOK AT SOCIAL ANXIETY DISORDER IN 2020

Kate Rogers, PhD – Training & Development Director, The OCD & Anxiety Treatment Center

BECOMING A TRAUMA-INFORMED STATE- SOUNDS GREAT BUT WHERE'S UTAH ON THE MAP?

Mary Beth Vogel-Ferguson, PhD – Research Associate Faculty, University of Utah College of Social Work Social Research Institute

BUILDING A SENSE OF COMMUNITY TO ENHANCE SUSTAINED RECOVERY & HEALING (LIGHTENING ROUND)

Panel w/Mary Jo McMillen, SUDC (Coordinator) – Executive Director, Utah Support Advocates for Recovery Awareness (USARA)

ETHICAL DILEMMAS: WHEN A 'PROFESSIONAL' IS ADDICTED [1.5 Ethics CE]

Larry Marx, MPA – Bureau Manager, Utah Division of Occupational & Professional Licensing

HEALTHY APPROACHES TO DEATH & DYING

Katherine Supiano, PhD, LCSW – Associate Professor, University of Utah College of Nursing

IT'S NOT ALL DEMENTIA: DIFFERENTIAL DIGNOSES IN OLDER ADULTS

Kristina M. Purganan, DO – Assistant Clinical Professor, University of Utah

MENDING THE PAST & HEALING THE FUTURE WITH SOUL RETRIEVAL (TBC)

Alberto Villoldo, PhD – Best Selling Author; Founder & Director, The Four Winds

TRAUMA, NEURAL PATHWAYS & PLASTICITY

Melody J. Anderson, CMHC – Therapist, Department of Corrections

➤ 11:00 – 11:15 EXHIBITS & BREAK

➤ 11:15 – 12:30 CONCURRENT SESSIONS

ACES – JUST AS IMPORTANT IN ADULthood

Alex Hatch, MD

CLEARING UP DEMENTIA [1.25 Suicide Prevention CE]

Anne Asman – Resource Administrator, University of Utah Department of Psychiatry

ETHICAL QUANDARIES WHEN HIPPA HINDERS [1.25 Ethics CE]

Brandi LeCain, LCSW – Medical Stabilization Coordinator, Lakeview Hospital

FOR ME OR AGAINST ME – REDEFINING RELATIONSHIPS IN ADDICTION RECOVERY

Daniel Weinrich, PhD, LCPC – Employee Assistance Counselor, Idaho National Laboratory

INTEGRATED SOMATIC STRATEGIES FOR EMOTIONAL REGULATION & RESILIENCY

Stormy Hill, MD, OTR/L – Founder & Therapist, Sensory Works

Andrew Sidoli, LCSW, CADAC – Executive Director, True North Behavioral Health

IT TAKES A VILLAGE: MULTIDISCIPLINARY CARE OF PATIENTS WITH EATING DISORDERS ACROSS THE CONTINUUM

Elizabeth Joy, MD, MPH – Medical Director Wellness & Nutrition, Intermountain Health Care

STRUGGLING POPULATIONS IN OUR OWN BACKYARDS

Charise Jensen, MPS – Program Manager, Salt Lake County Aging & Adult Services

Suavis Kanyange, MSW – Case Manager, Salt Lake County Aging & Adult Services

Kelly Roemer, MSW – Client Liaison, Salt Lake County Aging & Adult Services

THE GENDER IDENTITY CONTINUUM 101

Deb Hall, LCSW – Adult Program Manager, Utah Pride Center

12:30 – 1:30 LUNCHEON & EXHIBITS

1:30 – 3:00 CONCURRENT SESSIONS

A COMPREHENSIVE UPDATE ON METH: THE BANE OF PROVIDERS' EXISTENCE

Eric Barker, MD – Medical Director, Intermountain Medical Group, Dayspring Clinic Logan

DO YOU SPEAK MY LANGUAGE? DIALECTS OF COMMUNICATING WITH ELDERLY

Sheryl Bagshaw, SSW, CG, CVW, CDP – Owner & CEO, Dementia Assist

MICROBIOMES, NUTRITION, MENTAL HEALTH & THE WHOLE PERSON

ElLois Bailey, DNP, APRN, PMHNP-BC – Clinical Instructor, University of Utah College of Nursing

MINDSHIELD

Rich Landward, LCSW, MPA – Assistant Professor, University of Utah College of Social Work

MOTIVATING CLIENTS – IS CONTINGENCY MANAGEMENT EFFECTIVE & ETHICAL? [.5 Ethics CE]

Eric Schmidt, LCSW, MBA – CEO, New Roads Behavioral Health

THE ETHICS OF NICE [1.5 Ethics CE]

Lorna Smith-Benjamin, PhD, ABPP, FDHC – Lorna Smith Benjamin Consulting, LLC

TODAY'S BRAVE NEW TECH WEB

Kristal James, CMHC – Therapist, Utah Virtual Academy

Michael Negrette, LMFT – Therapist, Private Practice

Carrie Rogers-Whitehead, MLIS, MPA – Founder & CEO, Digital Respons-Ability

WHERE ARE MY PEEPS & "MENTAL PAUSE"? HELPING CLIENTS WITH SOCIAL SUPPORT & DECISION-MAKING

Ric Sorensen, LCSW – MountainStar Health

Brandon Woffinden, CMHC – Therapist, Opportunity Center, LLC

3:00 – 3:15 EXHIBITS & BREAK

3:15 – 4:45 CONCURRENT SESSIONS

CONNECTION THROUGH CREATION: THE HEALING POWER OF ART & MUSIC THERAPY

Malissa Morrell, LMFT, ATR-BC – Expressive Therapies Director, LaEuropa Academy

Jaycie Voorhees, SCMT, MT-BC – Executive Director, Harmony Music Therapy

DEPRESSION INTERVENTIONS ON THE TOP

Stephanie McLaughlin, PhD – Psychologist, University of Utah Neuropsychiatric Institute

EMPOWERING OLDER ADULTS & THEIR FAMILIES TO BUILD BRIDGES FOR INDEPENDENCE & CARE (ROUND TABLE)

Daniel J. Musto – Long-Term Care Ombudsman, State of Utah
Kathy Nelson – Training Specialist, Salt Lake County Aging & Adult Services
Susie Yorgason, CLTCO – Long-Term Care Ombudsman, Mountainland

RAPID RECONNECTION & LIBERATION IN RELATIONSHIPS THROUGH INTEGRATED PROCESSING TECHNIQUE (IPT)- THE NEW WAVE

Pam Robinson – Executive Director & Owner, Institute of Healing Arts; Author

SUICIDE PREVENTION FOR CLINICIANS [1.5 Suicide Prevention CE]

Pending Final Confirmation

SYSTEMS OF CARE & WHAT THAT MEANS IN RURAL AREAS

Sarah Day, PhD – Behavioral Health Director, University of Utah Project ECHO

WHAT YOU NEED TO KNOW ABOUT THE MEDICAL CANNABIS ACT!

Steve K. Ipsen, RN, MSN – Consultant, Utah Department of Health

WHERE'S BIG BROTHER IN 2020? ETHICAL PRACTICES WITH & AROUND TECHNOLOGY

[1.5 Ethics CE]

Kristal James, CMHC – Therapist, Utah Virtual Academy

Michael Negrette, LMFT – Therapist, Private Practice

Carrie Rogers-Whitehead, MLIS, MPA – Founder & CEO, Digital Respons-Ability

TUESDAY, MARCH 24, 2020

➤ **7:30 – 8:00 CHECK-IN, EXHIBITS & CONTINENTAL BREAKFAST**

➤ **8:00 – 9:15 WELCOME BACK**

KEYNOTE: PRACTICE MAKE PROGRESS: INTEGRATING TRAUMA-INFORMED CARE

Jonathan DeCarlo, CAC III – CEO, C4 Consulting, Inc.

SHEDDING LIGHT ON UTAH'S MENTAL HEALTH SYSTEM: GAPS, BARRIERS & CONSIDERATIONS FOR IMPROVEMENT

Laura L. Summers, MPP – Senior Health Care Analyst, Kem C. Gardner Policy Institute

➤ **9:15 – 9:30 EXHIBITS & BREAK**

➤ **9:30 – 10:30 CONCURRENT SESSIONS**

ASSISTED OUTPATIENT TREATMENT - WHAT IS IT & WHY DO WE NEED IT?

Brian Stettin, JD – Policy Director, Treatment Advocacy Center

DO YOU HAVE THE ETHICAL & LEGAL 'RIGHT TO DIE'? [1.25 Ethics CE]

Margaret "Peggy" Battin, PhD – Distinguished Professor, University of Utah Division of Medical Ethics & Humanities

EXPERIENTIAL ESCAPES

Rotating Professionals

IF NO ONE TAKES THEM, WHO'S RESPONSIBLE? WHAT WE NEED TO DO TO IMPROVE BEHAVIORAL HEALTH & ADDICTION SYSTEMS (LIGHTING ROUND) [1.25 Ethics CE]

Laura L. Summers, MPP (Coordinator) - Senior Health Care Analyst, Kem Gardner Policy Institute

INCREASE HEALTH & WELLNESS FOR YOUR CLIENTS THROUGH DENTISTRY

Jeri Lynn Bullock, DDS – Professor, University of Utah School of Dentistry

INTEGRATION OF PSYCHIATRY INTO PRIMARY CARE

Travis Mickelson, MD – Associate Medical Director, Intermountain Healthcare

LISTENING FOR THE METAPHORS: FACILITATING UNDERSTANDING & HEALING WITH INDIVIDUALS LIVING WITH DISORDERED EATING

Shelia Deyette, PhD, APRN, PMHCNS-BC – Assistant Professor, University of Utah College of Nursing

MORAL INJURY: MANIFESTATIONS, IMPLICATIONS & HEALING

Cory A. Reiah, PhD, LMFT – Clinical Director, Phoenix Recovery

RELATIONSHIPS - WHAT DOES THE OLD WORD MEAN IN TODAY'S NEW WORLD?

Pending final confirmation

➤ 10:30 – 10:45 EXHIBITS & BREAK

➤ 10:45 – 12:00 CONCURRENT SESSIONS

BACK TO THE SEVENTIES? TRENDS & TREATMENTS FOR RESISTANT DISORDERS

Paul Carlson, MD (Coordinator) – Resident Training, University of Utah Neuropsychiatric Institute

BEST PRACTICES IN CASE MANAGEMENT

Pam Bennett, LCSW – Adult Mental Health Program Administrator, Utah Division of Substance Abuse & Mental Health

COMMON SLEEP DISORDERS & PROMISING TREATMENTS

Kelly Baron, PhD, MPH, DBSM – Sleep Psychologist & Associate Professor, University of Utah Department of Family & Preventive Medicine

"DON'T TELL ME TO CALM DOWN" - DE-ESCALATION & CRISIS MANAGEMENT

Amanda McNab, LCSW – Clinical Development, University of Utah Neuropsychiatric Institute

EXPERIENTIAL ESCAPES

Rotating Professionals

FAITH CRISIS & TRANSITIONS INFLUENCING LIFESTYLES & MENTAL HEALTH (LIGHTENING ROUND) [.25 Ethics CE]

Jeremy Christiansen, LCSW (Coordinator) – Assistant Clinical Director, Utah State Hospital

MINDFULNESS: A PATH TO REDISCOVER & DEEPEN JOY IN YOUR WORK

Valarie Bentley, PhD – Mindfulness Program Coordinator, Intermountain Healthcare

MUSIC IN THE TREATMENT OF BEHAVIORAL & PSYCHOLOGICAL SYMPTOMS

Emily Christensen, MT-BC – Owner, Crescendo Music Therapy

Tony Ollerton, SCMT, MT-BC – Director, Expressive Therapies Utah

TALK SAVES LIVES: ADULT & SENIOR SUICIDE PREVENTION [1.25 Suicide Prevention CE]

Taryn Hiatt – Area Director Utah/Nevada, American Foundation for Suicide Prevention

➤ 12:00 – 1:15 LUNCH – On Your Own

➤ 1:15 – 2:30 CONCURRENT SESSIONS

BACK TO THE SEVENTIES? TRENDS & TREATMENTS FOR RESISTANT DISORDERS

Paul Carlson, MD (Coordinator) – Resident Training, University of Utah Neuropsychiatric Institute

BEWARE THE WOLF: ASSESSING & MANAGING RISK OF VIOLENCE

Sandra Whitehouse, PhD – Director of Psychology, University of Utah Neuropsychiatric Institute

DOES AGE CHANGE GENDER STATUS & TREATMENT?

Deb Hall, LCSW – Adult Program Manager, Utah Pride Center

EXPERIENTIAL ESCAPES

Rotating Professionals

LAWS & REGULATIONS OF PSYCHIATRY

Marie Pittman, MPAS, PA-C, RDH – Music Therapy, Private Practice

MASS VIOLENCE – WHAT’S BEHIND IT & WHAT DO WE DO TO STOP IT? (LIGHTENING ROUND) [.25 Suicide Prevention CE]

Kimberly Myers, LCSW (Coordinator) – Suicide Prevention Coordinator, Utah Division of Substance Abuse & Mental Health

SAY! I DO LIKE ASAM: USING ASAM CRITERIA TO GUIDE SUBSTANCE USE TREATMENT

Justin Hatch, LCSW, MHA – Behavioral Health Director, Ogden Regional Medical Center

TELEPSYCHIATRY: PAST, PRESENT & FUTURE

Edward Kaftarian, MD – CEO, Orbit Health Telepsychiatry

WHEN MINDS & EMOTIONS CLASH: INTENSIVE COUPLES COUNSELING

Branden Henline, PhD, LMFT, CFLE – Draper Integrated Counseling & Wellness

> 2:30 – 2:45 EXHIBITS & BREAK

> 2:45 – 3:45 CONCURRENT SESSIONS

A MULTIDIMENSIONAL LOOK AT PEER SUPPORT

Pam Bennett, LCSW – Adult Mental Health Program Administrator, Utah Division of Substance Abuse & Mental Health

Sharon Cook – Peer Support Specialist, Utah Division of Substance Abuse & Mental Health

Heather Rydalch – Peer Support, Utah Division of Substance Abuse & Mental Health

ARTIFICIAL INTELLIGENCE IN BEHAVIORAL HEALTH & ADDICTION TREATMENT

Final Confirmation Pending

DE-ESCALATION WITH(OUT) BIAS

Stu Vineyard, BSN – Nurse Manager, University of Utah Neuropsychiatric Institute

EXPERIENTIAL ESCAPES

Rotating Professionals

FINDING COMPETENCY IN TREATMENT CENTERS BETWEEN LEGALITIES, LICENSING & ETHICS [.25 Ethics CE]

Shanel Long, SUDC – Adult Treatment Program Administrator II, Utah Division of Substance Abuse & Mental Health

KEEPING UP WITH TELEHEALTH TRENDS, ETHICS, PARITY & MORE (LIGHTING ROUND) [.25 Ethics CE]

Pete Caldwell, MPA – Program Administrator, Utah Division of Substance Abuse & Mental Health

Nanci C. Klein, PhD – Psychologist, Private Practice

Deb LaMarche – Associate Director, Utah Telehealth Network; Program Director & PI, Northwest Regional Telehealth Resource Center

OPIOID RELATED SUICIDE DEATH: EPIDEMIOLOGY, GENETICS & ETHICS [.25 Ethics & .5 Suicide Prevention CE]

Hilary Coon, PhD – Professor, University of Utah Department of Psychiatry

PSYCHOTIC DISORDERS - HOPE FOR LIFE

Kylee Jenkins, MD – Psychiatry Resident, University of Utah

UNCOUPLING BY ANY OTHER NAME . . .

Branden Henline, PhD, LMFT, CFLE – Draper Integrated Counseling & Wellness

> 3:50 – 5:00 CONCURRENT SESSIONS

CREATING HAPPINESS AT WORK

Jean M. Campbell, LCSW, SEP, TEP – Founder & CEO, Action Institute of California

THE ADAUCITY TO BE YOU: PSYCHOLOGY VS. THERAPY-UNDERSTANDING TRANSFERENCE
Brad Reedy, PhD – Owner & Clinical Director, Evoke Therapy Programs

TRADITIONAL NATIVE VS MODERN DAY HEALING
Pending final confirmation

WHY SO SERIOUS? HOW STRESS MAKES YOU A TERRIBLE PERSON & WHY YOU SHOULD LAUGH ABOUT IT

Matthew Wappett, PhD – Executive Director, Utah State University Persons with Disabilities Center

OPTIONAL POST-CONFERENCE WORKSHOPS

WEDNESDAY, MARCH 25, 2020

(Radisson Hotel, Salt Lake City)

➤ **7:30 – 8:00**
REGISTRATION, EXHIBITS & CONTINENTAL BREAKFAST

➤ **8:00 – 12:30**
PSYCHOTHERAPY FOR THOSE GRIEVING DEATH BY OVERDOSE

Katherine Supiano, PhD, LCSW – Associate Professor, University of Utah College of Nursing

Be among the first trained in the Grief Support Model as part of a special training project designed to develop, implement and evaluate this evidence-based, comprehensive model of grief support for those bereaved by death from drug overdose. Utah is an ideal site for this project as it ranked 20th in the rate of drug-overdose deaths in 2016 and is one of the 22 states with an overdose rate higher than the national average. This amounts to 466 opioid overdose deaths, leaving approximately 25 affected survivors for each death by opioid overdose. This training is designed to provide education in the nature, scope and experience of grief from drug overdose death and programmatic strategies for professionals to address it.

➤ **8:00 – 4:30**
HEALING CLIENTS WITH INTEGRATED PROCESSING TECHNIQUE – THE NEW WAVE!
Pam Robinson – Executive Director & Owner, Institute of Healing Arts; Author

Learn the elements of Integrative Processing Technique and how to use this unique 4-step model to accelerate healing. Get hands-on training around the use of behavioral kinesiology as an assessment tool. After this program, you'll be able to work through and clear emotions, identify belief systems, address generational patterns and reveal behaviors that keep clients immobilized. This progressive technique accesses the innate power to change behaviors, facilitates rapid reconnection to self and others, helps the brain release and process trauma – creating an enhanced sense of well-being – - - - Catch this New Wave!

➤ **8:00 – 4:00**
CRISIS RESPONSE PLANNING FOR SUICIDAL PATIENTS: THEORETICAL & CONCEPTUAL FOUNDATIONS, PLAN, DEMONSTRATIONS & EVALUATIONS
National Center for Veterans Studies

This workshop enhances professionals' knowledge about crisis response planning for managing acute suicide risk, and increases their ability to confidently and competently administer this intervention with at-risk individuals. The workshop provides didactic knowledge about suicide, the development of the crisis response plan intervention, and its empirical support. It also includes demonstrations and skills practice which are designed for you to acquire skill competency. (This program is possible by a partnership with the Utah Division of Substance Abuse & Mental Health, a state leader in suicide prevention efforts.)

Program current as of early print date. Please check www.esimgt.com/generations-2020/ for program, faculty and event updates. All faculty have been asked to sign a disclosure noting any potential conflicts of interest related to financial relationships with a commercial interest(s) – defined as any entity producing, marketing, re-selling, or distributing healthcare goods or services consumed by, or used on patients. None of the faculty noted in this publication have disclosed any such relationships.

EVENT ANCHORS

The **University of Utah Neuropsychiatric Institute**, founder of *Generations*, is proud to recognize the following partners who have helped make this year's program possible (current as of release date)



PLATINUM PARTNERS (\$7,500)



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Acqua Recovery
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NexStep Medical Detox
Odyssey House
Renew Wellness & Recovery
RISE Services, Inc.
Salt Lake Behavioral Health
ScenicView Academy
Sprezie Aftercare
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Summit Community Counseling
The OCD & Anxiety Treatment Center
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University of Utah – Mountain Plans PTTC
University of Utah School of Dentistry
White Sage Recovery
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REGISTRATION FORM

REGISTRATION IS EASY VIA ONE OF THESE THREE OPTIONS –

- Register on-line with a credit card at <https://esimgt.com/generations-2020>
- Mail in this completed form with a check or money order
- Mail in this completed form w/PO # _____ to be billed to the agency noted

Name*: _____

Degree(s): _____

License / Credentials (if any): _____

Job Title (if any): _____

Organization (if any): _____

Preferred Mailing Address: _____

City/State/Zip: _____

Phone: (_____) _____ Email: _____

Have you attended "Generations" in the last five years? _____ Yes _____ No

** Substitutions requested after March 10th will be subject to a \$20 processing fee.*

Early Bird:
By Feb 10

☐ \$270

General:
By Mar 10

☐ \$295

On-Site

☐ \$365

REGISTRATION

Two-Day Conference (Monday & Tuesday)

Post-Conference Master Workshops (Wednesday)
(inc. breakfast snack, lunch, breaks & certificate)

☐ \$110

☐ \$135

☐ \$150

Response Planning (Suicide Prevention)

☐ \$140

☐ \$165

☐ \$195

Healing Clients with Integrated Processing Technique

☐ \$95

☐ \$120

☐ \$150

Psychotherapy for Those Grieving Death By Overdose

☐ \$10

☐ \$10

N/A

CEU/CME Certificate (optional)

☐ \$15

☐ \$15

☐ \$15

Written Syllabus (Alternately, downloadable materials will be available at <https://esimgt.com/generations-2020>)

\$ _____ **Total Amount Enclosed & payable to "ESI"**

MAIL THIS FORM WITH PAYMENT TO:
GENERATIONS - ESI MANAGEMENT GROUP - POST OFFICE BOX 1734 -
DRAPER, UT 84020-1734

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Generations 2020
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